

Lake Dalrymple

Sport Fish Catch & Release Tips

Fact Sheet

About Lake Dalrymple

Lake Dalrymple experiences higher than average fishing pressure compared to other lakes in the Kawartha region. Home to over 25 different fish species, many of which support a popular sport fishery and spawn along shorelines, it's important to practice responsible fishing. Here are some tips to reduce catch-and-release mortality for most fish species.

Sport Fish Catch & Release Tips

Angling Techniques

- **Use Barbless Hooks:** Easier to remove, reducing handling time.
- **Select Appropriate Line:** Match the line to the fish species to prevent breaks and reduce play time.
- **Avoid Extreme Temperatures:** Don't fish during very hot or cold water conditions if releasing the catch.

Landing a Fish

- **Quick Retrieval:** Minimize play time to prevent fish exhaustion.
- **Use Knotless Nets:** Preferably soft rubber nets for landing fish.
- **Landing Cradles:** Consider for very large fish like muskellunge.

Handling & Photographing a Fish

- **Minimize Air Exposure:** Keep fish in water as much as possible.
- **Wet Hands or Gloves:** Handle fish with wet hands or cloth gloves.
- **Prepare Camera in Advance:** Have it ready before landing the fish.

Unhooking a Fish

- **Longnose Pliers:** Use to back out the hook.
- **Quick and Underwater:** Remove the hook quickly while keeping the fish underwater.
- **Cut Line if Needed:** For deeply hooked fish, cut the line and release quickly.

Revival

- **Gentle Movement:** Move the fish back and forth in water until gill movements normalize.
- **Release When Ready:** Let the fish swim away when it begins to struggle.

More Information

More info on Fishing regulations for Zone 17 <https://www.ontario.ca/document/ontario-fishing-regulations-summary/fisheries-management-zone-17>

More info on Catch-and-Release fish handling visit... <https://www.ontario.ca/page/catch-and-release-fish-handling>

For more information on the Dalrymple Management Plan visit:
www.kawarthaconservation.com/LakeDalrymple

